



**DR. ALEX PARK, D.C.**

831 W. TOUHY AVE  
PARK RIDGE, IL 60068

**PLEASE FILL OUT THE FOLLOWING INFORMATION TO THE BEST OF YOUR ABILITY:**

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
CURRENT ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
TELEPHONE (CELL): \_\_\_\_\_ (HOME): \_\_\_\_\_ E-MAIL: \_\_\_\_\_  
BIRTH DATE: \_\_\_\_\_ SEX: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_  
EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_ RELATION: \_\_\_\_\_  
HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

FAMILY DOCTOR: \_\_\_\_\_ ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_  
DATE LAST SEEN: \_\_\_\_\_ WHAT WERE YOU SEEN FOR: \_\_\_\_\_ OUTCOME: \_\_\_\_\_  
REFERRING DOCTOR: \_\_\_\_\_ ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

PRIMARY INSURANCE INFO:

POLICY HOLDER'S NAME: \_\_\_\_\_ RELATIONSHIP TO PATIENT: \_\_\_\_\_  
POLICY HOLDER'S DATE OF BIRTH: \_\_\_\_\_ NAME OF INSURANCE COMPANY: \_\_\_\_\_

IF IN AUTO ACCIDENT/WORK COMP. INJURY, PLEASE PROVIDE:

NAME OF INSURANCE COMPANY: \_\_\_\_\_ CONTACT PERSON: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_ CLAIM NUMBER: \_\_\_\_\_ DATE OF ACCIDENT: \_\_\_\_\_

SECONDARY INSURANCE INFO (IF APPLICABLE):

POLICY HOLDER'S NAME: \_\_\_\_\_ RELATIONSHIP TO PATIENT: \_\_\_\_\_  
POLICY HOLDER'S DATE OF BIRTH: \_\_\_\_\_ NAME OF INSURANCE COMPANY: \_\_\_\_\_

RELEASE OF INFORMATION

I AUTHORIZE PARK RIDGE SPINE AND SPORTS MEDICINE AND ITS STAFF TO RELEASE TO THE ABOVE COMPANY(IES) OR ITS REPRESENTATIVES, TO MYSELF, TO MY PRIMARY CARE PHYSICIAN OR REFERRING PHYSICIAN ANY INFORMATION USED FOR TREATMENT AND PAYMENT.

ASSIGNMENT OF BENEFITS

I UNDERSTAND AND AGREE THAT HEALTH/ACCIDENT INSURANCE POLICIES ARE AN ARRANGEMENT BETWEEN AN INSURANCE CARRIER AND MYSELF. I UNDERSTAND AND AGREE THAT ALL SERVICES RENDERED TO ME AND CHARGED ARE MY PERSONAL RESPONSIBILITY FOR TIMELY PAYMENT. I UNDERSTAND IF I TERMINATE MY CARE/TREATMENT, ANY FEES FOR PROFESSIONAL SERVICES RENDERED TO ME WILL BE IMMEDIATELY DUE AND PAYABLE.

CONSENT TO TREATMENT

I \_\_\_\_\_ (PRINT NAME) KNOWING THAT I HAVE A CONDITION REQUIRING DIAGNOSIS AND TREATMENT, DO HEREBY VOLUNTARILY CONSENT TO DIAGNOSTIC EXAMINATION PROCEDURES AND TREATMENT BY DR. ALEX PARK, D.C.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(SIGNATURE OF PATIENT OR PARENT/LEGAL GUARDIAN IF PATIENT IS UNDER 18)

**CURRENT COMPLAINTS:**

DATE CURRENT SYMPTOMS BEGAN: \_\_\_\_\_

PLEASE GIVE A BRIEF DESCRIPTION OF HOW THE SYMPTOMS BEGAN:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HAVE YOU EVER HAD THE SAME CONDITION? \_\_\_ YES \_\_\_ NO IF YES, WHEN? \_\_\_\_\_

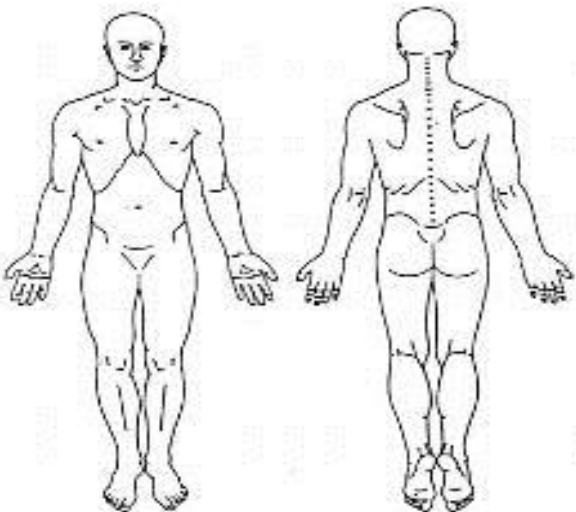
HAVE YOU SEEN ANY OTHER PRACTITIONERS FOR YOUR CURRENT COMPLAINT? \_\_\_ YES \_\_\_ NO

IF YES, WHO AND PLEASE DESCRIBE: \_\_\_\_\_

HAVE YOU EVER BEEN UNDER CHIROPRACTIC CARE? \_\_\_ YES \_\_\_ NO

IF YES, PLEASE DESCRIBE/WHEN? \_\_\_\_\_

USE THE DIAGRAM BELOW TO INDICATE WHERE YOUR PAIN IS LOCATED:



USE SYMBOLS TO DESCRIBE YOUR PAIN:

- BURNING = XXXX
- SHARP = \\\
- NUMB = NNNN
- DEEP/DULL ACHE = DDDD
- PINS/NEEDLES = OOOO
- STIFFNESS = SSSS
- OTHER (PLEASE SPECIFY):

PLACE AN "X" ON THE LINE BELOW INDICATING YOUR LEVEL OF PAIN:

NO PAIN \_\_\_\_\_ WORST PAIN IMAGINABLE

HOW OFTEN DO YOU EXPERIENCE YOUR SYMPTOMS? \_\_\_\_\_

WHAT MAKES YOUR PROBLEM WORSE? \_\_\_\_\_

WHAT MAKES YOUR PROBLEM BETTER? \_\_\_\_\_

DOES THE PAIN RADIATE ANYWHERE? \_\_\_ YES \_\_\_ NO IF YES, WHERE TO? \_\_\_\_\_

DOES YOUR PROBLEM WAKE YOU UP AT NIGHT? \_\_\_ YES \_\_\_ NO

WHAT TIME OF DAY ARE YOUR SYMPTOMS WORSE (IE MORNING, AFTERNOON, ETC)? \_\_\_\_\_

HAS THIS PROBLEM INTERFERRED WITH YOUR WORK AND DAILY ACTIVITIES (CHECK ALL THE APPLY)?

\_\_\_ NOT AT ALL \_\_\_ A LITTLE \_\_\_ MODERATELY \_\_\_ QUITE A BIT \_\_\_ EXTREMELY

PLEASE EXPLAIN: \_\_\_\_\_

DID YOU RECEIVE ANY DIAGNOSTIC IMAGING?

\_\_\_ XRAY \_\_\_ MRI \_\_\_ CT \_\_\_ OTHER: \_\_\_\_\_

DATE TAKEN? \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(SIGNATURE OF PATIENT OR PARENT/LEGAL GUARDIAN IF PATIENT IS UNDER 18)

PARK RIDGE SPINE AND SPORTS MEDICINE: MEDICAL HISTORY

PAST MEDICAL HISTORY:

PLEASE LIST ALL MEDICATIONS/VITAMINS/SUPPLEMENTS YOU CURRENTLY TAKE:

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PLEASE LIST ALL REASONS YOU MAY HAVE BEEN HOSPITALIZED IN THE PAST:

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PLEASE LIST ALL CURRENT AND PAST MEDICAL CONDITIONS:

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PLEASE LIST ALL SURGICAL PROCEDURES AND MAJOR TRAUMA (IE, BROKEN BONES) YOU HAVE HAD:

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PLEASE LIST ALL PAST AND PRESENT HEALTH CONDITIONS OF PRIMARY FAMILY MEMBERS (IE, HEART DISEASE, DIABETES, CANCER, ARTHRITIS, ALS, LUPUS):

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DO YOU SMOKE? \_\_\_ YES \_\_\_ NO IF YES, HOW MANY CIGARETTES PER DAY? \_\_\_\_\_

HOW WOULD YOU DESCRIBE YOUR ALCOHOL INTAKE (CIRCLE ONE): NONE LIGHT MODERATE HEAVY

PLEASE CIRCLE ANY OF THE FOLLOWING IF YOU CURRENTLY HAVE OR HAVE HAD ANY OF THE CONDITIONS LISTED (AND USE A "C" FOR A CURRENT PROBLEM AND A "P" FOR A PAST PROBLEM):

- |                      |                       |                         |                      |
|----------------------|-----------------------|-------------------------|----------------------|
| ALLERGIES            | ANEMIA                | ARTHRITIS               | BACK PAIN            |
| BREAST LUMP          | CANCER                | CHEST PAIN              | DIFFICULTY BREATHING |
| HEADACHES            | RHEUMATOID ARTHRITIS  | HIGH BLOOD PRESSURE     | STROKE               |
| ANGINA               | PROSTATE PROBLEMS     | DIABETES                | HIGH CHOLESTEROL     |
| KIDNEY STONES        | KIDNEY INFECTION      | DIARRHEA/CONSTIPATION   | HEMORRHOIDS          |
| IRREGULAR HEART BEAT | PACEMAKER             | DIGESTIVE PROBLEMS      | NUMBNESS/TINGLING    |
| ULCER                | LOSS OF BOWEL CONTROL | LOSS OF BLADDER CONTROL | NEUROLOGIC DISORDER  |
| MENTAL DISEASE       | DEPRESSION            | DERMATITIS/ECZEMA/RASH  | LIVER DISORDER       |
| VOMITTING            | SCOLIOSIS             | SCIATICA                | SWELLING OF JOINTS   |
| BRUISE EASILY        | NERVOUSNESS           | THYROID CONDITION       | EAR RINGING          |
| VENEREAL DISEASE     | EYE PAIN/DIFFICULTIES | OTHER:                  | OTHER:               |

PLEASE EXPLAIN ANY OF THE ABOVE IF YOU HAVEN'T DONE SO ALREADY:

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FOR FEMALES ONLY: DO YOU HAVE MENSTRUAL PROBLEMS? \_\_\_ YES \_\_\_ NO

DO YOU TAKE BIRTH CONTROL? \_\_\_ YES \_\_\_ NO

IS THERE A CHANCE YOU ARE CURRENTLY PREGNANT? \_\_\_ YES \_\_\_ NO

IS THERE ANYTHING ELSE YOU WOULD LIKE TO TELL US OR THINK WE SHOULD KNOW?

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SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(SIGNATURE OF PATIENT OR PARENT/LEGAL GUARDIAN IF PATIENT IS UNDER 18)